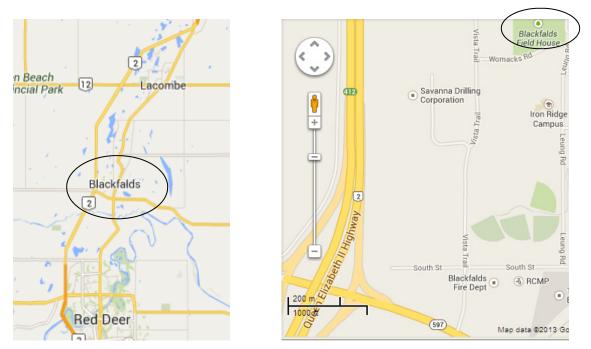






2014 ALBERTA INDOOR ROWING CHAMPIONSHIPS SATURDAY 22ND MARCH.

AT: BLACKFALDS FIELD HOUSE (N. of Red Deer) RACING STARTS AT 9:30AM THROUGH TO 12:30PM. \$25 fee - Lunch and free T shirt provided HOSTED BY: CENTRAL ALBERTA ROWING CLUB



For more information contact: Andy Nokes - Tel: 403 782 0732 <u>Registration by 4th February for free T shirt. Register through club</u> <u>coaches (preferred) or direct to CABC@xplornet.com</u>