



Athlete Assistance for the 2014 Royal Canadian Henley Regatta

Since 2006, the Alberta Rowing Association (ARA) has provided athlete assistance for qualifying athletes attending the Royal Canadian Henley Regatta. The 2014 version of the Royal Canadian Henley Regatta will mark the 9th consecutive year the ARA has allocated funds toward this program, demonstrating commitment toward the development of athletes in club programs throughout Alberta.

Funding assistance is at the discretion of the Provincial Technical Director and the VP Technical Director who will use the 2,000m ergometer and on-water results in 2014 as a guide in determining which athletes are eligible to receive assistance from the ARA. The Provincial Technical Director will provide an initial selection, which is then reviewed by the VP Technical prior to communication to the awardees. Funding assistance is based on performance at the Henley regatta and will be awarded upon the conclusion of the regatta.

2,000m ERGOMETER

To be considered for funding assistance athletes must have attended the 2014 Erg Championships in Red Deer, Alberta **AND** must have achieved the Bronze Erg Standard for their respective weight/age category no earlier than March 1, 2014 and no later than July 30, 2014*. In addition, athletes may only be eligible for Silver or Gold funding assistance if they are able to achieve the Silver or Gold Erg Standard for their respective weight/age category no earlier than March 1, 2014 and no later than July 30, 2014. Athletes who wish to be eligible for funding assistance, but did not attend the 2014 Alberta Erg Championships in Red Deer must write the Provincial Technical Director as to the extenuating circumstances which prohibited their attendance. Erg standards for 2014 can be found on the Alberta Rowing Association website.

Athletes who have not met the ARA's ergometer requirements will not be considered for assistance.

*Please note it is the responsibility of the athletes and/or their coaches to submit erg scores to the ARA. The erg test must be witnessed and will only be considered if it meets one of the following three conditions:

- a) submitted to RCA as part of the RCA RADAR program
- b) pulled at the 2014 ARA Erg Championships
- c) are emailed to albertarowing@gmail.com no later than the July 30, 2014 deadline. Emails are to include the name of the coach witnessing the test, the date of the test, the split and the overall time.

Water Performance

Results from 2014 Summer Regattas prior to the 2014 Royal Canadian Henley Regatta, in St.Catharines, Ontario, will be used by the ARA to identify athletes eligible for Henley Assistance. Results from the 2014 Royal Canadian Henley regatta will be then used to evaluate athletes who were initially identified by the ARA for Henley Assistance. Athletes who decide to forgo the Royal Canadian Henley Regatta will not be eligible for funding.

For Example; in years past, the ARA has considered a Bronze athlete to be one who has made a Henley Final in a Big Boat (2x, 4-, 4x, 8+) or a top three finish in a Henley Semi-Final in a Small Boat (1x, 2-); Silver athletes are those who have a top three finish in a Big Boat or have made a final in a Small Boat, and gold athletes are those who have recorded a top three finish in a Small Boat.*

* Straight Final Excluded

Assistance Initial Evaluation Process

The Provincial Technical Director will provide an initial evaluation of assistance based on 2,000m ergometer score and on water performance, which is then reviewed by the VP Technical prior to communication to eligible athletes. The final evaluation of assistance is based on 2014 Henley performance, and will be structured similar to the Gold/Silver/Bronze classification as outlined below. Upon conclusion of the regatta and completion of the evaluations, the results will be communicated with the eligible athletes.

Assistance Classifications

Category	Assistance
Gold	\$300-\$600**
Silver	\$225-\$450**
Bronze	\$150-\$350**

**A certain amount of funds have been set aside by the ARA for this purpose and as result assistance for gold, silver, and bronze will be determined based on the number of athletes who qualify.