**2014 WESTERN CANADA UNIVERSITY ROWING CHAMPIONSHIPS**

**ROWING TECHNICAL PACKAGE**

Every coach attending the 2014 Western Canada University Rowing Championships has an obligation to understand the Technical Package. Failure to do so could affect the final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Organizing Committee of the Western Canada University Rowing Championships.

The Technical Package has been developed by the 2014 Organizing Committee in conjunction with past organizing committees and by reviewing the founding principles of the regatta itself.

If an individual wishes to initiate a change to the Technical Package the desired change should be directed to the organizing committee who will evaluate the merits of the change. Changes to the regatta will be considered at almost anytime, but will be increasingly difficult to achieve within one month of the regatta itself. Changes made after October 5th, 2014 will not be considered.

***2014 Western Canada University Rowing Championships Organizing Committee***

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**Technical Package**

1. Participants:

|  |  |  |
| --- | --- | --- |
| 1.1. | Competitors: | * Schools are eligible to register as many athletes as they wish for participation in this regatta. The cost to register an athlete for participation in the regatta is $25.
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2. Eligibility:

2.**1 Athletes:**

a) All athletes must be registered with Rowing Canada Aviron and be in good standing with their school.

b) All athletes must be recognized as a full time student enrolled in a registered post-secondary institution in Canada or the United States.

 **2.1.1 Excluded from the Event**

 b) Athletes who currently hold a senior card (as defined by Sport Canada’s Athlete Assistance Program).

3. Competition:

3.1 Rules

The official rules of RCA will govern the competition.

3.2 Sanction

The competition is sanctioned by the Alberta Rowing Association on behalf of Rowing Canada.

3.3 Equipment

All schools shall be responsible for the provision of all boats, oars and sculls as required for each race. The provision of equipment shall respect the order of events and the boating of crews for these events. The transportation of **all** equipment shall be the responsibility of each schools.

3.4 Event Format

The following events will be included, with each school able to enter up to four boats in each event contested at the WCURC Regatta (Per discipline – Lightweight Women / Men and Heavy Men and Women)

1X single sculls

2X double sculls

2- pair oars without coxswain

4X quad sculls

4+ four with coxswain

8+ eight oars with coxswain

**NOTE:** Coaches/managers may not participate as competitors

The 2014 Regatta Committee will attempt to follow the same schedule of events as has been run in previous years.

3.5 **Time Trial**

If cases where they are more than 7 boats registered, athletes competing in the singles, pairs and doubles, events will be seeded for the finals via a 1,500m time trial. Lightweight and Heavyweights alike will compete together in a 1,500m time trial with the top 6 times going through to the “A” Final, the next 6 fastest times qualifying for the “B” final and so forth. While Lightweights and Heavyweights may race against one another in a final, the top 7 Lightweight Boats from the finals will earn points for their schools as will the Top 7 Heavyweight Boats. Lightweight crews will not be eligible to earn points in both the Lightweight and Heavyweight events.

I.E if a lightweight wins the A final they will earn 10 points in the Lightweight category and 0 points in the Heavyweight category. The highest ranked heavyweight rower will earn 10 points for their school regardless of how they perform vis a vis their lightweight

 3.6 **Heats to Finals**

In the 4x, 4+ and 8+ events if there are more than 7 entries there will be heats to determine the “A” and “B” finals. Events that have 7 entries or less will be run as straight finals.

 3.7 **Race Distance**

 All races will be 1,500m in length.

4.0 Scoring Procedures:

4.1 Each event will be scored separately according to the following:

1st Place =10 points

2nd Place = 8 points

3rd place = 6 points

4th Place = 4 points

5th Place = 3 Points

6th Place = 2 Points

7th Place = 1 Point

The points will be accumulated towards the overall point totals in the Women’s / Men’s and Grand Championships.

4.2 Tie Breaking

In the event of a tie between two or more schools, the team winning the most gold medals will be awarded an extra point.

5.0 Competitive Uniform:

5.1 Each competitor must wear his/ her school colors.

6.0 Lightweight Athletes:

6.1 Lightweights will weigh in between 2 hours and 1 hour before the first scheduled lightweight race of the day

I.E If the first lightweight men’s race is at 10:00am the scales for the men will open at 8:00am and remain open till 9:00am. If the first lightweight women’s race is at 11:00am lightweight women will weigh in between 9:00am and 10:00am. All lightweights regardless of whether they are in the first lightweight race of the day are required to weigh in during this time period.

6.2 Lightweight Men may not weigh any more than 73.5kg while lightweight women may not weigh any more than 60kg.

6.3 Lightweights may weigh in as many times as necessary during the allotted 1-hour time period