



National Rowing Championships - 2014

The National Rowing Championships is a small boat regatta designed to determine a national champion. While the regatta does feature some of the world's best rowers the regatta does serve as a development tool for some of our best provincial athletes. In an effort to promote athletes within our province, the Alberta Rowing Association will once again provide funding support to qualified athletes to test their skills against our country's best.

The 2014 National Rowing Championships will take place in Victoria, BC.

Athletes intending on competing at this event are to provide written notification to the ARA by emailing albertarowing@gmail.com no later than October 3, 2014

Athletes who wish to compete for Alberta must meet the following requirements.

REGISTRATION

The athlete must be a registered member of an Alberta Rowing Club in the 2014 calendar year. Athletes who are not registered with an Alberta Rowing Club as of September 15, 2014 will be deemed ineligible.

CATEGORY 1 ATHLETES

Water Performance

Results from the 2014 Royal Canadian Henley Regatta have been used by the Alberta Rowing Association to determine an athlete's relative on-water performance. Athletes who made the final of their respective event in a small boat race (1x, 2-) are eligible to compete for Alberta at the 2014 National Rowing Championships.

OR

Alberta Athletes who competed for Canada in the 2013 or 2014 calendar year are eligible to compete for Alberta at the 2014 National Rowing Championships.

ASSISTANCE: Athletes who have met these requirements will have their entry fee, boat rental, team uniform, ground transportation at the regatta, and hotel accommodation with the team covered directly by the ARA. The estimated average cost of these directly covered items is \$500 dollars. Costs beyond these, such as flights, meals, etc. will not be covered.

CATEGORY 2 ATHLETES

Athletes who have not met the ARA's On-Water Performance Criteria may still be deemed eligible to compete at the 2014 National Rowing Championships should they meet the following deliverables.

1) Erg Standards:

Athletes must submit to the ARA a 2K Erg Score pulled between September 1, 2014 and October 15, 2014. Athletes looking to represent Alberta who have not met the on-water requirement are expected to pull a 2K Erg Score that meets or exceeds the Bronze erg standard for one's weight / age classification.

Erg standards are those published on the ARA's webpage under the following link
<http://albertarowing.ca/team-alberta/erg-monitoring-program/2014-erg-standards/>

AND

2) On-Water Performance

Athletes who competed in a semi-final at the 2014 Royal Canadian Henley Regatta in a small boat race (1x, 2-) OR finished within the top 50% of their respective field in a big boat race (2x, 4x, 4-, 8+).

Athletes who have met the above 2 requirements will be deemed eligible to represent Alberta at the 2014 National Rowing Championships.

ASSISTANCE: Athletes who have met these requirements will have their entry fee, boat rental, and team uniform covered directly by the ARA, but will be assessed a fee of \$250 dollars to cover the estimated average cost of ground transportation at the regatta, and hotel accommodation with the team. Costs beyond these, such as flights, meals, etc. will not be covered.

CATEGORY 3 ATHLETES

ARA Discretion

The ARA will analyse results from the 2013 Canada Summer Games, 2013 National Rowing Championships and 2014 Calendar Year for athletes who fail to meet the aforementioned deliverables but express an interest in competing at the 2014 National Rowing Championships.

ASSISTANCE: Athletes who are attending based on the ARA Discretion will be assessed a fee of \$500 dollars to cover the estimated average cost of entry fee, boat rental,

team uniform, ground transportation at the regatta, and hotel accommodation with the team. Costs beyond these, such as flights, meals, etc. will not be covered.

PERFORMANCE AWARDS

In past years, the ARA has provided further assistance to athletes who have reached certain performance criteria. Again this year the ARA will offer assistance based on the following criteria:

Gold level defined as first place finish in their respective event.

Silver level defined as top 10% finish in their respective event.

Bronze level defined as top 30% finish in their respective event.

Assistance Levels

Category	Assistance
Gold	\$300-\$600**
Silver	\$225-\$450**
Bronze	\$150-\$350**

******A certain amount of funds have been set aside by the ARA for this purpose and as result assistance for gold, silver, and bronze will be determined based on the number of athletes who qualify.

All decisions made by the ARA regarding provincial funding for the National Rowing Championships are final.