

Alberta Rowing Association



Provincial Carding Initiative

The intent of the program is to provide direct funding to individual athletes in the sport's Train to Train and Train to Win categories based on their demonstrated commitment to high performance sport. The proposed program will look to enhance rowing in the province by providing targeted funding to Alberta based athletes and support their on-going development within the sport. The initiative as described herein replaces the ARA's Henley Funding Support program.

Specific Objectives of the program are:

- 1) To help athletes continue their pursuit of athletic excellence at the highest levels of national and international competition.
- 2) To encourage athletes to compete for Alberta
- 3) To enhance training and competitive opportunities available to athletes.
- 4) To allow for enhanced monitoring of our high performance athletes.

How it Works

Utilizing sport-specific selection criteria the Alberta Rowing Association applies the criteria in determining "Card Status" for the upcoming year. Nominated athletes will be required to sign and comply with an Athlete Agreement between the athlete and Alberta Rowing Association. Carding status will be for 12 months with specific deliverables that the athlete must adhere to throughout the 12 month period. Proposed criteria includes:

- Requirement to complete all RADA Submissions
- Compete for Alberta at the National Rowing Championships as well as WCSG and CSG Events
- Registration with an ARA Rowing Club

A minimum of 50% of all provincial funding under the program will be allocated to those age-eligible athletes for the upcoming 2021 CSG and a further 30% of all cards be allotted to athletes under the age of 23.

Athletes who are currently being provided with Sport Canada Athlete Assistance Funding will be deemed ineligible under the program.

Proposed Funding

In 2018-2019 the ARA allocates \$15,000 towards the development of 10 provincial cards under this proposed initiative. Each card is worth \$1,500 and is payable in three annual instalments of \$500. However to maximize the number of athletes who could benefit from the program ARA will create 10 half cards (equivalent to 5 full cards) with all half cards going exclusively to CSG Aged Athletes.

As a result cards are allocated as follows

2 Senior Cards- Worth \$1,500/each

3 U23 Cards – Worth \$1,500/each

10 CSG Cards – worth \$750/each

Proposed Criteria

The selection criteria are based on erg and on-water performance and are as follows

Erg

- Senior Athletes must at minimum achieve a 2K erg standard of ‘Silver Status’ for one’s age/weight classification and as found via the following link <http://albertarowing.ca/team-alberta/erg-monitoring-program/2014-erg-standards/>
- U23 must at minimum achieve a 2K erg standard of ‘Silver Status’ for one’s age/weight classification and as found via the following link <http://albertarowing.ca/team-alberta/erg-monitoring-program/2014-erg-standards/>
- In 2018 Junior athletes must at minimum achieve a 2K erg standard of ‘Bronze Status’ + 10 seconds for one’s age/weight classification and as found via the following link <http://albertarowing.ca/team-alberta/erg-monitoring-program/2014-erg-standards/>

On-Water

- Senior Athletes must have attended the 2017 National Rowing Championships and achieved a Top 6 finish in their respective event.
- U23 Athletes must have achieved a Top 6 finish (in their respective age classification) at the 2017 National Rowing Championships / and or medalled at the 2017 CSG.
- Junior Athletes must be prepared to attend the 2018 Royal Canadian Henley Regatta.