



Lakeland Rowing Club
and
Alberta Rowing Association
Present



2019 Annual Development Camp

July 13 & 14
Vermilion, AB

Cost: \$40/participant

Camp open to junior, senior, master,
competitive and recreational rowers

Some rowing experience required (see
registration form for details)

◇ 3-4 sessions on the water ◇ dryland session ◇ video review ◇ social events

Maximum 30 rowers, so reserve your spot now!

For more information, see the Registration Form or contact us at: lrcvermilion@gmail.com

Registration Deadline: July 6th at 6 p.m.