

Alberta Rowing Association

NRC UPDATE #1 - 2019

Athletes intending on competing at the 2019 NRC Regatta from Thursday September 26 through to Sunday September 29, 2019 are responsible for arranging their own transportation to the event. In preparing for the 2019 athletes should be aware of the following

- 1) All athletes competing for Alberta are expected to arrive in Burnaby the evening of Wednesday September 25, 2019. As of right now racing is tentatively scheduled to begin the morning of the 26th.
- 2) I will be arriving in Burnaby around 6pm Wednesday night and flying out on Sunday afternoon. Please note that I am flying into Vancouver Airport but Abbotsford offers good flight opportunities as well
- 3) The cost to represent Alberta at the 2019 National Rowing Championships will be \$100. The cost will go to pay for boat transportation, registration, ground transportation and accommodation while representing Alberta at the 2019 National Rowing Championships. All remaining costs are the responsibility of the athlete. All fees must be paid by September 10, 2019 and can be done via cheque payable to the Alberta Rowing Association or email transfer.
- 4) Boats will depart Calgary on Sunday September 20th (or thereabouts). Athletes who do not have their boats on the trailer will be responsible for arranging their own equipment in Burnaby.
- 5) Hotel rooms are booked on your behalf from Wednesday September 25, 2019 through to Sunday September 29th at the Hilton Metrotown in Burnaby, British-Columbia. Athletes who meet the ARA's selection standard but wish to stay with friends or family in Burnaby will be eligible for a \$40/night subsidy provided they submit appropriate receipts to the ARA.
- 6) Regardless of whether athletes are driving or flying to Burnaby, all athletes will be responsible for finding their way to the hotel on September 25th. The ARA will transport athletes from the hotel to the course commencing the morning of September 26th through to the 29th. All that said the ARA will work with Junior aged athletes on an as needed basis to arrange transportation from the airport to the hotel. and back on the 25th and 29th.

- 7) Athletes who have an Alberta Uni-suit from either WCSG, NRC Championship events or CSG will be asked to row in row in their uni-suit from previous years. Athletes who do not have a Team Alberta uni-suit will be required to purchase or borrow one. The cost per unisuit is approximately \$85. Athletes who wish to order a unisuit through the ARA, must submit their order by September 1, 2019.
- 8) Athletes who have not met the standards outlined in the selection document may still be eligible to participate at the NRC event but will be asked to register with their clubs

All for now.

Michael Simonson