



It's time to return to the Great Indoors!

Thursday October 27, 2022

The **Great Indoors** is back with another set of indoor rowing challenges launching in November and leading up to the [2023 World Rowing Indoor Championships](#), which will be held from February 25-26, 2023.

The **Map Challenge** will run from November 21 to December 11, and will see teams of participants collectively row from Paris, France, the location of the last in-person World Rowing Indoor Championships, to Toronto, Ontario, the location of the 2023 event.

Participants will submit metres rowed to an online leaderboard and be able to track their progress on a live map. At each 200 kilometre milestone, teams will receive an entry into a draw to win the grand prize of an indoor rowing machine. Registration will open in early November.

The **Challenger Series** consists of six challenges that can be completed at any time during the months of January and February. Individuals who complete all six challenges will receive a prize. Participants in the Challenger Series will also receive four-week novice and intermediate training programs. Registration will open in mid-December.

Great Indoors challenges are open to both RCA members and non-members. All participants must reside in Canada.

The Great Indoors is an RCA initiative that was launched in 2021 with the goal of growing and promoting the discipline of indoor rowing in Canada. Our online hub for indoor rowing resources, news and events can be found [here](#).

Connect with us @rowingcanada: #TheGreatIndoors #AventureEntreQuatreMurs

[Come and explore the Great Indoors with us!](#)