# ALBERTA ROWING ASSOCIATION

# National Rowing Championships - 2023

The National Rowing Championships is a small boat regatta designed to determine a national champion. While the regatta does feature some of the world's best rowers the regatta does serve as a development tool for some of our best provincial athletes. In an effort to promote athletes within our province, the Alberta Rowing Association will once again provide funding support to qualified athletes to test their skills against our country's best.

In years past the ARA has typically sent a large contingent of athletes to this event. However, given the location (Quamichan B.C) and date (September 29 to October 1, 2023) Team Alberta is expected to consist of 18-22 athletes. Athletes eligible to represent Alberta will be based on the following.

## **Automatic Qualification**

Athletes who represented Canada at the 2023 Pan-Am Games (qualifier included) OR the U23 World Championships; and those who won Henley Gold at the 2023 Royal Canadian Henley Regatta OR make the final at the 2023 Royal Canadian Henley Regatta in a NRC medal contested event will automatically qualify for entry to represent Alberta at the 2023 NRC Regatta.

#### Athletes who do not quality for Automatic Qualification

Athletes who do not qualify for Automatic Qualification but wish to represent Alberta at the 2023 National Rowing Championship must meet the following requirements.

- The athlete must be a registered member of Rowing Canada and competed for Alberta or an Alberta based club in either 2022 or 2023.
- Athletes must complete a 2K erg test between June 15, 2023 and September 5, 2023

• The athlete must compete in either the single or pair at the 2023 Royal Canadian Henley Regatta.

The ARA will access performance from the Henley Regatta and 2K erg test to determine the final make-up of the Alberta Team at the 2023 National Rowing Championship regatta.

#### **ARA Discretion**

Those athletes unable to attend the Royal Canadian Henley Regatta the ARA will use historical performance from the 2022 NRC / CURC / CSG regatta / to evaluate their on-water performance.

#### **Registration**

In past years registration for the National Rowing Championships was at the discretion of the Provincial Rowing Association. Registration for the 2023 National Rowing Championships is open to both the Provincial Rowing Association & RCA Member Club. On the basis of the foregoing, athletes who are not eligible to represent the ARA at the National Rowing Championships but express a desire in attending this event are encouraged to speak to their member clubs.

### **Athlete Funding**

Those athletes who qualify to represent Alberta at the 2023 National Rowing Championships will have their registration/hotel/uniform/boat transportation and ground transportation paid for by the ARA.

All decisions made by the ARA regarding provincial funding for the National Rowing Championships are final.

Sincerely,

Michael Simonson Provincial Technical Director Alberta Rowing Association