

CELEBRATING 20 YEARS, LAKELAND ROWING CLUB PRESENTS...

HEAD OF THE VERMILION

COACHES MEETING AT
9:30 AM. (FREE COFFEE
AND MUFFINS)

3 KM HEADRACE



\$30 TO REGISTER:

Email: LRCvermilion@gmail.com

*Checks payable to **Lakeland Rowing Club***

VERMILION PROVINCIAL PARK
SEPTEMBER 24, 2016

- ★ First Launch will be at 10:30 am.
- ★ Second launch will be at 1:00 pm.

Contact Kati White with any questions
katiwhite@gmail.com

Vermilion is located at
the Junction of HWY 16
& 41.

Follow the signs for the
provincial park - take Park
road down the hill and go
right to the LRC
compound/docks.