



Speed Order Regatta- 2018

The 2018 Speed Order Regatta is a small boat regatta designed to select athletes for Canada's National Teams. In an effort to encourage athletes within our province, to attend this event, the Alberta Rowing Association will provide funding support to qualified athletes. Athletes who wish to compete for Alberta must meet the following requirements.

Registration

The athlete must be a registered member of an Alberta Rowing Club in the 2018 calendar year. Athletes who are not registered with an Alberta Rowing Club as of June 1, 2018 will be deemed ineligible.

Water Performance

Results from the 2017 Canada Summer Games / 2017 National Rowing Championships AND /OR the 2017 Royal Canadian Henley Regatta have been used by the Alberta Rowing Association to determine an athlete's relative on-water performance. Qualified athletes who wish to garner funding assistance must have met the following on-water deliverable.

- 1) Won a medal at any three of these regatta's
- 2) Achieved a top ten finish at the 2017 National Rowing Championships for one's age/weight classification.

Erg Standards:

Athletes must submit to the ARA a 2K Erg Score pulled between March 1, 2018 and June 1, 2018. Athletes are expected to pull a 2K Erg Score that meets or exceeds the Bronze erg standard for one's weight / age classification. Erg standards are those published on the ARA's webpage under the following link <http://albertarowing.ca/team-alberta/erg-monitoring-program/2014-erg-standards/>

Athlete Funding

For athletes who have met the aforementioned deliverables the ARA will provide one time funding assistance of \$500. Do note that that while the ARA is providing funding assistance to qualified athletes the ARA will not be assisting athletes in finding boats, accommodation, flight transportation and so forth. Athletes are encouraged to speak with their club coaches for assistance with the aforementioned logistical requirements.

Athletes who wish to apply for funding assistance to this event are to provide written notification to the ARA by emailing albertarowing@gmail.com no later than June 2 2018

Sincerely,

Michael Simonson
Provincial Technical Director
Alberta Rowing Association