



Alberta Rowing Association

Stage Two Covid-19 Restrictions

Begins June 10th 2021

Last Monday the Alberta Government signaled its intentions to move to Stage 2 of its Covid-19 reopening plan. Stage 2 includes the following two points that are most relevant to our member clubs

- *Youth and adult sports and performance activities – resume with no restrictions, indoors and outdoors (note: this also includes dance studios).*
- *Distancing and masking requirements remain in effect*

In discussion with other Provincial sport groups, including ACAC directors, it appears that the intention of these 2 points within the Stage 2 guidelines is as follows:

- All classes of rower and boat size can practice or compete with no masks or social distancing (SD) required **as long as they are in the boat**
- All coaches need to be masked if they are within the 2m Social Distancing radius. While masked they can approach athletes to intervene for technical/performance reasons
- All personnel including but not limited to athletes, coaches, trainers, etc need to be masked and observe SD in around the docks club facilities etc. prior to and after practice or competition

The RCA has also sanctioned on water and indoor rowing activity as described below.

In some areas, provincial and local guidelines have more restrictive limitations and it is essential that member organizations only offer programming that is also allowed within those restrictions.

On-water rowing activity for club programs for experienced and new rowers in 1X, 2X/-, 4X/4+/4- and 8+ is considered sanctioned activity by RCA. Other types of RCA sanctioned activity include:

- *Come Try Events*

Events involving competition between two or more clubs remain not sanctioned by RCA at this time.

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RCA Sanctioned Activity by Province (Only Alberta's is shown below)

<i>Province</i>	<i>Approved Sanctioned Activity</i>	<i>Additional Information</i>	<i>Effective Date</i>
<i>AB</i>	<i>1X, 2X/-, 4X/4+/4- and 8+ for experienced and those new to rowing (Once AHS regulations allow it. Clubs need to ensure they follow all provincial restrictions)</i>	<i>Contact Alberta Rowing association for more information regarding provincial requirements</i>	<i>April 27, 2021</i>

With Stage 2 in effect on June 10th, ARA member clubs can commence with the approved sanctioned activities noted by RCA

Link to the Alberta Government website: www.alberta.ca/enhanced-public-health-measures.aspx

The ARA also recommends the following practices be maintained for Stage 2:

- Club rowing timetable for all programs and classes
- Published cleaning procedures and schedule for boats and other equipment used by participants
- A boating log should it be necessary to determine who used what boat when

Please contact Peter Walsh if you have any questions.